



# **EURO SQUASH TOUR**

## **SUMMER 2014**

### **THE NETHERLANDS & GERMANY**

### **JUNE 28th - JULY 14th**

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#### **TRIP INCLUDES:**

- ☼ **HARROW WELCOME PACKAGE:**
  - HARROW SQUASH RACQUET OF CHOICE
- ☼ **COACHING AT THE PIONEER JUNIOR OPEN AND THE DUTCH JUNIOR OPEN**
- ☼ **ROUND TRIP AIRFARE FROM JFK AIRPORT**
- ☼ **PRIVATE TRANSPORTATION FROM AIRPORT TO HOTEL AND TOURNAMENT VENUES**
- ☼ **QUALITY ACCOMMODATIONS IN ALL LOCATIONS**
- ☼ **SIGHTSEEING AND ENTRANCE FEES**
- ☼ **TOURNAMENTS ENTRANCE FEES**
- ☼ **3 MEALS PER DAY**
- ☼ **ACCESS TO A PRIVATE CLUB IN THE NETHERLANDS FOR TRAINING SESSIONS**
- ☼ **SUPERVISION 24/7**
- ☼ **COACHING SESSIONS WITH SOME OF THE TOP COACHES IN EUROPE**
- ☼ **TRAVEL PACKAGE FOR PARENTS ALSO AVAILABLE**

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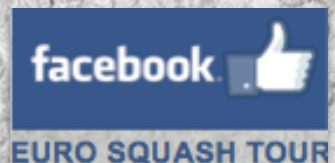
**FOR MORE INFORMATION CONTACT CAMP DIRECTOR:  
ALEX LANGERHORST**

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**914-874-4311 or Email: [ajml@me.com](mailto:ajml@me.com)**



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# Euro Squash Tour

## June 28 - July 14, 2014

### About Euro Squash Tour

You might be questioning yourself why you should send your kids on a trip to play squash tournaments in Europe. They already play squash at school, maybe even have some private classes, and they participate in some of the biggest junior tournaments in the North East... Well, the Euro Squash Tour will certainly change the way your kids face this challenging sport and here is why.

During the Euro Squash Tour, the players will be completely immersed in squash for two weeks. Squash is a game that requires equally strong body and mind and that's why, during the training sessions, they will practice their technique, work on their physical conditioning and develop their game strategy and mental skills. It's a great opportunity for them to experience the different coaching styles of some of Europe's best coaches.

While playing the Pioneer Junior Open and the Dutch Junior Open, your kids will have the opportunity to play amongst the top juniors in the world. Competing with international players will give them a different view of the game. It will expose them to a new level of skills, to different game strategies and to mentally strong young players. They will experience squash in a whole new way, which will evolve their game and make them mentally stronger. After playing these massive tournaments, a simple competition in the U.S. will seem ordinary. Players who engaged in his project with us in the past have developed to become top ranked juniors and college squash players in the years that followed. You can find an article about one of our past trips in this link: <http://www.squashtalk.com/html2/news07/july/news07-7-442.htm>.

On top of the squash development, Euro Squash Tour is a great opportunity for your kids to experience different cultures. They will make new friends and create memories they will carry forever. Moreover, the players will become more independent and will strengthen up their bonds of friendship. Needless to say, this trip will be the experience of a lifetime.

Euro Squash Tour is not just a trip to play tournaments; this camp will prepare your kids to play the tournament of life.



### The Camp Director

Alex Langerhorst is the Director of Squash at Rye Country Day School and has been taking US squash players to Europe for years. Alex was born and raised in the Netherlands and has been to Germany many times. Alex is fluent in Dutch and German and is very familiar with the Dutch and German cultures. His over 20-year experience as a children and teenagers' coach and his familiarity with the European squash scene make him the ideal squash professional to lead this trip.



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# The Tournaments

## The Pioneer Junior Open 2014

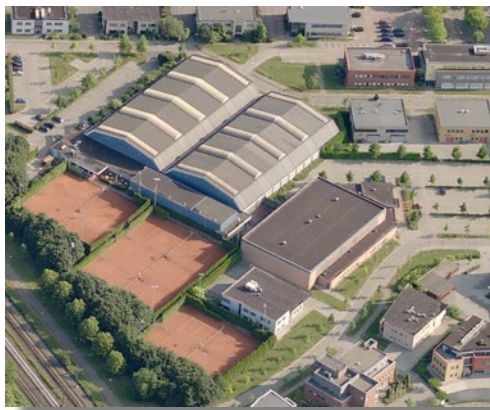
The Pioneer Junior Open will take place from July 3rd to July 7th in the ACR Sports Center (<http://acr-sportcenter.eu>) in Cologne, Germany. This amazing sports club, with over 11,000m<sup>2</sup> and 15 high-quality ASB squash courts, offers a handful of sports-related entertaining, such as tennis, badminton, table tennis, soccer, basketball, as well as a sauna and a restaurant. This amazing facility hosts the Pioneer Junior Open, one of the most important junior tournaments in Europe. Some of the top-ranked pro squash players in the world have played this tournament in their junior years. The players will be able to meet and compete with the best juniors in Europe, which will expose them to a different view of the game.



## The Dutch Junior Open 2014

The Dutch Junior Open will take place from July 9th to July 13th in Amsterdam, the Netherlands. The venue for this year's tournament hasn't been yet confirmed, but in past years it took place in Frans Otten Stadion (<http://www.fransottenstadion.nl>), in South Amsterdam. This sports facility has 21 squash courts, including a three-side glass-walled court surrounded by bleachers that accommodate 1,500 spectators. This massive sports club also offers tennis courts, fitness center, a bar and a restaurant. If confirmed as the 2014 venue for the Dutch Junior Open, it would be a great opportunity for the kids to play one of the most important junior tournaments in Europe in a facility that meets the requirements to host major international squash tournaments.

It's important to highlight that both tournaments are run on the MONRAD System, which provides players with continuous matches. Players are not eliminated from the tournament, but rather continue to play matches until a final ranking is established. All players are guaranteed minimum of 3 matches.



## Our Training Facility

The training sessions before the tournaments will be held at Racket Centrum Houten, in the Netherlands. This racquet club has six squash courts, 7 clay outdoor tennis courts and 8 hard-floor indoor tennis courts, as well as a restaurant, where healthy meals are specially prepared for the athletes.

The club is run by Marijn Koot, a former top ranked squash player in the Netherlands and currently one of the best squash coaches in the Netherlands. He will oversee the players' training and pay special attention to the development of their mental skills, since he is specialized in sports psychology.

The practice will consist in physical conditioning, technique/tactic practice, game strategy and mental coaching, as squash is both a physical and mental game.



# The Destinations



## Houten

Houten is a town located about 9km southeast of Utrecht. This town, with about 49,000 inhabitants, is famous by its traffic structure. If the Netherlands is heaven for the bikers, then Houten is the heaven of heaven. In Houten there are more bikes than people and about 26 percent of the commuting trips are taken by bicycle. The likelihood of getting injured in a bike accident in Houten is amongst the lowest in the world, about five times less than in the United States.

The players will be based in Houten, where the Racket Centrum is located. The hotel, Van Der Valk Houten Hotel (<http://www.hotelhouten.nl/en/>), is located just a few minutes from the squash club. The players will head by rental bikes to the training sessions, as a healthy warm-up and a form of interaction with the Dutch culture.



## Utrecht

Utrecht is the Netherlands' fourth biggest city and has been described by Lonely Planet magazine as one of the 10 world's unsung places. The city was built on the foundations left by the Roman Empire and its ancient city center features many buildings and structures from the Early Middle Ages. Utrecht's old town is encircled by a medieval canal, and it is possible to hop on a boat tour to visit the city's bustling, vibrant wharves, which are filled with

bohemian cafes, shops and restaurants.

Utrecht is host to Utrecht University, the largest university of the Netherlands, as well as several other institutes for higher education. It has the second highest number of cultural events in the Netherlands, after Amsterdam, and will be the players' destination for sightseeing and entertaining during their free time.



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## Amsterdam

Few cities meld history with modern urban flair like Amsterdam. What makes Amsterdam so attractive is the 17th century historical atmosphere combined with the mentality of a modern metropolis creating a friendly and relaxed environment. The small scale of the buildings and the intimacy of the streets, canals and squares create an atmosphere that visitors find unique. The city has the highest museum density in the world and

is home to cultural highlights, such as the Van Gogh Museum, Anne Frank House, Hermitage Amsterdam and the Rijksmuseum with Rembrandt's world-famous Nightwatch.

Amsterdam, which is located only 30 minutes away from Houten, will be our destination on the second part of the trip, as it hosts the Dutch Junior Open. The players will be based in one of the hotels recommended by the tournament organizers and will commute to the tournament venue by shuttle buses. In their free time, the players will be able to do some sightseeing and cultural visits to Amsterdam, always under the coach's supervision.



## Cologne



Cologne, which lies on the banks of the river Rhine, was founded by Romans in 38 bC and is one of Germany's oldest cities. This city was heavily damaged in the World War II, when 90% of the city center was wiped out by bombings. Today, Cologne is again the fourth biggest city in Germany with over a million inhabitants and an interesting mix of restored historic buildings and modern post-war architecture. Cologne is famous for its massive cathedral, the Kölner Dom, and one of Europe's oldest universities, as well as its vibrant contemporary art scene. The city is proud to have more than 30 museums and 100 galleries with world-class collections.

Located about 2 hours away from Houten, Cologne will host the Pioneer Junior Open. The players will be based in this city during the tournament, in one of the hotels recommended by the tournament organizers. A bus

transfer service will be available for the commute to the tournament's venue. In their free time, the players will enjoy Cologne and do some sightseeing, under the supervision of the coach.



# Euro Squash Tour 2014 Schedule

<b>Saturday, June 28th:</b> Departure from New York to Amsterdam, The Netherlands.	<b>Monday, July 7th:</b> Morning: Pioneer Junior Open at the ACR Sports Center. Mid-day: Travel back to Houten, the Netherlands. Evening: Light training session, dinner and rest.
<b>Sunday, June 29th:</b> Morning: Arrival in Amsterdam. We will take private transportation to Houten. Afternoon: Light training session. Evening: Dinner and rest.	<b>Tuesday, July 8th:</b> Morning: Training session. Mid-day: Lunch and rest. Afternoon: Short training session and sightseeing in Utrecht. Evening: Dinner, entertainment and rest.
<b>Monday, June 30th:</b> Morning: Training session. Mid-day: Lunch and rest. Afternoon: Match play training session. Evening: Dinner, entertainment and rest.	<b>Wednesday, July 9th:</b> Morning: Training session. Mid-day: Lunch and rest. Afternoon: Travel to Amsterdam for the Dutch Junior Open.
<b>Tuesday, July 1st:</b> Morning: Training session. Mid-day: Lunch and rest. Afternoon: Match play training session. Evening: Dinner, entertainment and rest.	<b>Thursday, July 10th:</b> All day: The Dutch Junior Open at the Frans Otten Stadium Sport Club in Amsterdam.
<b>Wednesday, July 2nd:</b> Morning: Match play training session. Mid-day: Lunch and rest. Afternoon: Training session. Evening: Travel to Cologne, Germany (2 hour drive); check in the hotel; dinner and rest.	<b>Friday, July 11th:</b> All day: The Dutch Junior Open at the Frans Otten Stadium Sport Club in Amsterdam.
<b>Thursday, July 3rd:</b> All day: Pioneer Junior Open at the ACR Sports Center.	<b>Saturday, July 12th:</b> All day: The Dutch Junior Open at the Frans Otten Stadium Sport Club in Amsterdam.
<b>Friday, July 4th:</b> All day: Pioneer Junior Open at the ACR Sports Center.	<b>Sunday, July 13th:</b> All day: The Dutch Junior Open at the Frans Otten Stadium Sport Club in Amsterdam.
<b>Saturday July 5th:</b> All day: Pioneer Junior Open at the ACR Sports Center.	<b>Monday, July 14th:</b> Morning: Flight back to the USA. Afternoon: Arrival in New York.
<b>Sunday, July 6th:</b> All day: Pioneer Junior Open at the ACR Sports Center.	

## Total cost: US\$6,499.00\*, per person\*\*.

\*This price is guaranteed until March 1st, 2014. After this date, there might be adjustments in the price due to variations on the airfare and hotel fees.

\*\*Contact us for parent and/or siblings packages.

## Deadline: June 1st, 2014\*\*\*

\*\*\*The closing date for entries in the tournaments is June 5th, 2014.

## The tour price includes:

- Harrow Welcome Package, including 1 racquet of choice;
- Round trip airfare;
- Quality hotels in all locations (Houten, Cologne and Amsterdam);
- All tournament fees;
- Court time and coaching fees;
- 3 meals daily (breakfast, lunch and dinner);
- All transportation in the Netherlands and Germany, including a private van available 24/7.
- Sightseeing and entrance fees.

## The tour price does not include:

- Medical expenses;
- Extra hotel charges, like phone calls or laundry;
- Souvenirs, snacks and drinks.

## Other information:

- The trip requires a minimum of 3 (three) participants. If this minimum is not achieved until the deadline (June 1st) the trip will be cancelled and the package fee will be refunded.
- It is highly recommended that the players arrange international health insurance for the extent of the trip. Euro Squash Tour will not be responsible for any medical expenses;
- The travelers will need pocket money for snacks, drinks, souvenirs and any other expenses not included in the tour price;
- The success of past trips was a result of a zero-tolerance policy for drinking, smoking or any bad behavior on and off courts. In case any of these situations happen, parents will be directly contacted and arrangements will be made to send the player home. Euro Squash Tour will not be responsible for any damages to hotel rooms, sports facilities or equipments caused by the players.

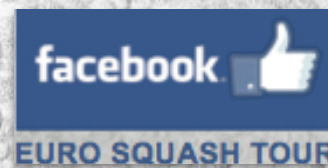
## Cancellation policy:

Due to the tournament and hotel's cancellation policies, the package fees cannot be refunded for any cancellations on or after June 27th, 2014. For cancellations between June 16th and June 26th (inclusive), only 50% of the package fee is refundable. Cancellation of flight tickets will depend on the airline's cancellation policy.



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# SIGN UP

## TRAVELER'S INFORMATION:

Male /Female:\_\_\_\_\_

Date of Birth:\_\_\_/\_\_\_/\_\_\_

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
M.I.

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

## TELEPHONE

Home: \_\_\_\_\_

Trip Contact E-Mail Address: \_\_\_\_\_

Cell/Mobile: \_\_\_\_\_

Name of Cell Contact: \_\_\_\_\_

## EMERGENCY CONTACT:

In case of emergency, please contact (not a guest on the trip)

\_\_\_\_\_

Daytime: \_\_\_\_\_

Evening: \_\_\_\_\_

## PAYMENT INFORMATION:

Please pay by check to:

Alexander Langerhorst  
70 Prospect Street, Apt. C2  
Port Chester NY, 10573

## PERSONAL CONSIDERATIONS:

Participant Personal/Dietary Considerations: \_\_\_\_\_

Special Requests/Needs: \_\_\_\_\_

## SHIRT SIZE

Participant: XS /S /M /L /XL /XXL (Circle your size)

FOR FURTHER QUESTIONS OR CONSIDERATIONS, CALL YOUR PROGRAM DIRECTOR AT  
914-874-4311 or email at: AJML@ME.COM



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